

The Longhorn Way

Parent Edition No. 29

March 9, 2018

Immunizations: The VNA (Visiting Nurse Association) will be here on **March 22 from 8:00am - 10:00 am** to administer the **Tdap and Meningococcal vaccines**. Reminder all 8th graders must have proof of the Tdap and Meningococcal vaccines to start school in the fall. The links to the forms and the list of accepted insurance companies are:

- <https://www.parkwayschools.net/Page/3092>
- <https://www.parkwayschools.net/cms/lib/MO01931486/Centricity/Domain/1939/2018%20Accepted%20Insurances%20Corp.pdf>

The deadline for turning in the form to Nurse Doll is **Tuesday, March 20**. Thank you for turning in the updated shot record as soon as possible. If you have any questions, please feel free to call Nurse Doll at 314-415-7430.

Congratulations to the following 7th and 8th graders have been selected as Parkway District Middle School Honor Band:

Cooper Adams
Brinda Ambal
Alex Bardo
Josh Beach
Taylor Burns

Preston Chapman
Olivia Davis
Matthew Feng
Michael Feng
Connor Gusky

Bradford Holloman
Adam Lambert
Marissa Liu
Eli Prsha
Gavin Stolz
Carlee Strauss

Habit 1 “Being Proactive” is one of the habits we teach students. One goal of the habit is to make deposits in Emotional Bank Accounts. **Emotional bank account (EBA)** is a metaphor for the amount of trust that exist in a relationship. Deposits build trust and repair trust, whereas withdrawals break down and lesson trust. How will you make investments?

<i>Withdrawals</i>	<i>Deposits</i>
Assume you understand	Seek to understand
Show unkindness, discourtesy, and disrespect	Show kindness, courtesy, and respect
Break promises	Keep promises
Disloyal, bad mouth	Be loyal to the absent
Create unclear expectations	Set clear expectations
Be proud and arrogant	apologize
Hold grudges	Forgive

For strong deposits in the EBA....

- *know a person's currency
- *be sincere and consistent in the deposits
- *small deposits over time build large account balances
- *Close relationships require more deposits
- *try not to make withdrawals

Thanks for sharing your children.

~Annie

Mark Your Calendar

March 11: Daylight Savings Time
March 12: BOE Candidate Forum 7 pm at Central Middle
March 13: PTO Meeting 7pm
March 14: LEAD Time
Board of Education Meeting at Central Middle 7:00 pm

March 16: DIA Middle School Summit at Harris Stowe

Parents are the number one influence on a child's life; your relationship with your child will be the best indicator of the decisions they will make.